alpacto

Couples Goals for the New Year

Three goals we share, two each of our own, and a first step for every one of them.

Partner 1 _____ Partner 2 _____ Year _____

Our shared goals

	Our goal	First step	Done by	Check on
1				
2				
3				

Partner 1's goals

	Goal	First step	Check on
1			
2			

How you can help me _____

Partner 2's goals

	Goal	First step	Check on
1			
2			

How you can help me _____

We check in on our goals _____

When we reach a shared goal, we celebrate with _____

Signature _____ Date _____ Signature _____ Date _____

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