

# Habit Tracker

One month, up to eight habits. Check a box each day, then trade your best streaks for rewards you choose.

Month

This month I'm focusing on

| Habit   | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | Best streak |
|---------|---|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|-------------|
| Weekday |   |   |   |   |   |   |   |   |   |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |    |             |
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Streak means days in a row. A blank day simply starts a new count.

## What I'm redeeming my streaks for

| Habit | Days in a row | What I redeem it for | Redeemed on |
|-------|---------------|----------------------|-------------|
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## Notes for next month

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