



100 Coupon Ideas

Small, doable things to write on a love coupon. Tick each idea once you've given it.

Around the House

- ☐ 1. A week of dishes, done by me
- ☐ 2. A month of taking out the trash
- ☐ 3. One load of laundry, washed and folded
- ☐ 4. A bathroom cleaned top to bottom
- ☐ 5. Making the bed every day for a week
- ☐ 6. Fixing one thing that's been broken
- ☐ 7. Cleaning out the fridge
- ☐ 8. Vacuuming the whole place
- ☐ 9. A full day with zero chores for you
- ☐ 10. Sorting one closet or drawer you pick

Rest and Recharge

- ☐ 11. Sleeping in while I handle the morning
- ☐ 12. A nap with no interruptions
- ☐ 13. An hour alone, phone off, door closed
- ☐ 14. A long bath while I keep the house quiet
- ☐ 15. A lazy Sunday with no plans
- ☐ 16. Breakfast in bed on a day you choose
- ☐ 17. A 20-minute back rub
- ☐ 18. A foot rub after a long day
- ☐ 19. An early night while I finish up
- ☐ 20. An afternoon to read or do nothing

Food and Drink

- ☐ 21. Your favorite dinner, cooked by me
- ☐ 22. Cleanup after any meal you cook
- ☐ 23. Coffee in bed, made the way you like it
- ☐ 24. Homemade pizza night
- ☐ 25. Takeout from anywhere you want
- ☐ 26. A packed lunch for your busiest day
- ☐ 27. Baking your favorite dessert
- ☐ 28. Weekend brunch at your favorite spot
- ☐ 29. Trying a recipe you've been saving
- ☐ 30. A picnic dinner on the living room floor

Out Together

- ☐ 31. A date night you plan and I pay for
- ☐ 32. A date night I plan start to finish
- ☐ 33. A walk to get ice cream
- ☐ 34. A movie at the theater, your pick
- ☐ 35. A drive with no destination
- ☐ 36. An afternoon at a museum or gallery
- ☐ 37. A sunset walk, just us
- ☐ 38. An evening of mini golf or bowling
- ☐ 39. A morning at the farmers market
- ☐ 40. Live music somewhere small

Nights In

- ☐ 41. A movie marathon, snacks included
- ☐ 42. Board game night, you pick the game
- ☐ 43. A puzzle we finish together
- ☐ 44. Cooking a new recipe side by side
- ☐ 45. An at-home spa night
- ☐ 46. A night of old photos and stories
- ☐ 47. A blanket fort and a movie
- ☐ 48. Karaoke in the kitchen
- ☐ 49. A candlelit dinner at our own table
- ☐ 50. Stargazing from the yard or balcony

How to use this list

1. Pick an idea that fits the person, not the budget.
2. Write it on a blank love coupon and add a use-by date.
3. Tick it here, so the same idea doesn't come up twice.
4. When the coupon comes back, do it within a week.

Blank coupons are on the Love Coupons sheet at alpacto.com.



Meet the Alpacto app → alpacto.com

You Choose

- ☐ 51. You pick the restaurant, no vetoes
- ☐ 52. You choose the next show we watch
- ☐ 53. The music in the car, your call
- ☐ 54. You plan our Saturday, I say yes
- ☐ 55. One small argument you win, no rematch
- ☐ 56. You choose where our next trip goes
- ☐ 57. The last slice, no questions asked
- ☐ 58. Final say on the next paint color
- ☐ 59. The best seat on the couch for a week
- ☐ 60. One yes to a plan I'd usually skip

Errands and Favors

- ☐ 61. One errand you've been putting off
- ☐ 62. A full tank of gas, filled by me
- ☐ 63. A car wash, inside and out
- ☐ 64. Returning that package for you
- ☐ 65. Making the phone call you dread
- ☐ 66. This week's grocery run
- ☐ 67. A ride anywhere, anytime, no sighing
- ☐ 68. Booking one appointment for you
- ☐ 69. Wrapping a gift for someone on your list
- ☐ 70. Sorting the mail for a month

Comfort and Care

- ☐ 71. Reading to you until you fall asleep
- ☐ 72. Warming up the car on a cold morning
- ☐ 73. Your favorite snack, restocked
- ☐ 74. A hug whenever you ask, all day
- ☐ 75. Taking care of you on a sick day
- ☐ 76. A warm towel waiting after your shower
- ☐ 77. Listening to your day, no advice
- ☐ 78. A handwritten note tucked in your bag
- ☐ 79. Your side of the bed turned down
- ☐ 80. Packing your bag for an early start

Play and Laugh

- ☐ 81. A rematch of any game you lost
- ☐ 82. A dance party in the living room
- ☐ 83. A water balloon fight, weather allowing
- ☐ 84. Learning a silly dance together
- ☐ 85. A pillow fight, rules optional
- ☐ 86. A card game, best of five
- ☐ 87. A scavenger hunt I set up for you
- ☐ 88. Trying a new hobby together for a day
- ☐ 89. A paper airplane contest, three throws
- ☐ 90. One bad joke a day for a week

Time and Attention

- ☐ 91. An evening with both phones in a drawer
- ☐ 92. A long talk about anything you want
- ☐ 93. A letter about my favorite memory of us
- ☐ 94. Five things I appreciate about you
- ☐ 95. Talking about our dreams over coffee
- ☐ 96. A walk just to catch up
- ☐ 97. Watching your favorite show with you
- ☐ 98. Teaching me something you love
- ☐ 99. An afternoon taking photos of each other
- ☐ 100. One whole day, just the two of us

Our own ideas

- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____
- ☐ _____

