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Relationship Contract

The everyday things we agree on, written down so neither of us has to guess.

Partner 1 _____ Partner 2 _____ Start date _____

1. Home

Partner 1 takes care of	Partner 2 takes care of

We do these together _____

When one of us is sick or swamped _____

2. Money

Shared costs and how we split them _____

Each of us can spend without asking, up to _____

Purchases we always decide together _____

What we're saving for together _____

We look at our money together on _____

3. Time together

Our weekly time together _____

Phones away during _____

Date night happens _____

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4. Time apart

Time each of us keeps for friends and hobbies

Notice we give before making plans

Alone time looks like

5. How we argue

Check the ones we agree to.

- [ ] We stick to the topic and leave old arguments out of it.
- [ ] Either of us can ask for a 20-minute break. The one who asked restarts the talk.
- [ ] We don't argue over text.
- [ ] We talk it through in private, not in front of friends or family.

Our word for "I need a break"

How we make up

6. Small print we take seriously

Who picks the movie

The last bite of dessert goes to

Thermostat setting we can both live with

Who sleeps on which side of the bed

Shows we only watch together

7. Review

We read this again on

How we celebrate keeping it

Signature | Date | Signature | Date

Not a legal document. A shared agreement between people who trust each other.

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