



Truth or Dare for Couples

48 light truths and playful dares for a night in, made to end in laughter.

How to play

1. Cut out the cards and make two piles: Truth and Dare.
2. Take turns choosing a pile and drawing the top card.
3. Answer the truth honestly, or do the dare right away.
4. Pass on any card, no reason needed, and draw another.
5. Keep every card you complete. Whoever has more at the end picks tomorrow's dessert.
6. Keep it kind: laugh together, never at each other.

The four themes

Truth • Funny	Small confessions and harmless secrets.
Truth • Us	Stories about the two of you.
Dare • Silly	Quick performances for an audience of one.
Dare • Kind	Small acts that make the other person's day.

Liked a dare enough to do it again? Make it a weekly pact in the Alpacto app.

Cut out: the deck cover, one blank truth, and one blank dare

YOUR OWN TRUTH Meet the Alpacto app alpacto.com	YOUR OWN DARE Meet the Alpacto app alpacto.com	Truth or Dare for Couples 48 cards • 4 themes  Meet the Alpacto app alpacto.com
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TRUTH · FUNNY 01 What is the most embarrassing song you know every word to? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 02 What is something you pretended to like when we first started dating? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 03 What is the silliest movie moment that ever made you tear up? Meet the Alpacto app alpacto.com
TRUTH · FUNNY 04 What is the weirdest food combination you secretly enjoy? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 05 What is the most useless fact you could recite right now? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 06 What is a talent you are oddly proud of that almost nobody knows about? Meet the Alpacto app alpacto.com
TRUTH · FUNNY 07 What is the longest you have ever gone without doing laundry? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 08 What is the most ridiculous thing you have ever bought online? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 09 Which word did you mispronounce for years before someone told you? Meet the Alpacto app alpacto.com
TRUTH · FUNNY 10 Which of my habits have you picked up without meaning to? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 11 What is the funniest fib you told as a kid, and did it work? Meet the Alpacto app alpacto.com	TRUTH · FUNNY 12 What is in our fridge right now that you secretly find gross? Meet the Alpacto app alpacto.com

TRUTH · US

13

What did you really think of my friends the first time you met them?

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TRUTH · US

14

Which of my family traditions seemed strangest to you at first?

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TRUTH · US

15

When did you last brag about me, and what exactly did you say?

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TRUTH · US

16

Which of my outfits do you wish I wore more often?

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17

What is a nickname you almost called me but never did?

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18

What is something about me you had to get used to?

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TRUTH · US

19

What did you almost say on our first date but kept to yourself?

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TRUTH · US

20

What do you always want to order when we eat out but never do?

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TRUTH · US

21

What is something of mine you borrowed and never gave back?

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TRUTH · US

22

What is one thing you have learned about just because I love it?

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TRUTH · US

23

On a scale from one to ten, how good is my singing, honestly?

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TRUTH · US

24

What is the most romantic plan you made that went completely wrong?

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DARE · SILLY 25 Narrate what I am doing right now like a nature documentary, for one minute. Meet the Alpacto app alpacto.com	DARE · SILLY 26 Do your best impression of me waking up on a Monday. Meet the Alpacto app alpacto.com	DARE · SILLY 27 Sing your next three sentences like the big number in a musical. Meet the Alpacto app alpacto.com
DARE · SILLY 28 Balance a spoon on your nose for ten seconds. You get three tries. Meet the Alpacto app alpacto.com	DARE · SILLY 29 Sell me the snack closest to you in a 30-second commercial. Meet the Alpacto app alpacto.com	DARE · SILLY 30 Walk across the room like a runway model and finish with a pose. Meet the Alpacto app alpacto.com
DARE · SILLY 31 Speak only in questions for the next three minutes. Meet the Alpacto app alpacto.com	DARE · SILLY 32 Draw my portrait in 60 seconds with your eyes closed. Meet the Alpacto app alpacto.com	DARE · SILLY 33 Invent a secret handshake for the two of us and teach it to me. Meet the Alpacto app alpacto.com
DARE · SILLY 34 Build the tallest tower you can from things within reach, in one minute. Meet the Alpacto app alpacto.com	DARE · SILLY 35 Do ten jumping jacks while naming ten vegetables. Meet the Alpacto app alpacto.com	DARE · SILLY 36 Tell a two-minute bedtime story starring our coffee maker. Meet the Alpacto app alpacto.com

DARE · KIND 37 Give me a compliment that has nothing to do with how I look. Meet the Alpacto app alpacto.com	DARE · KIND 38 Write me a tiny thank-you note and hide it where I will find it this week. Meet the Alpacto app alpacto.com	DARE · KIND 39 Make me a cup of anything I choose and serve it like a fancy waiter. Meet the Alpacto app alpacto.com
DARE · KIND 40 Pitch me a day trip within an hour of home in under one minute. Meet the Alpacto app alpacto.com	DARE · KIND 41 Take over one of my tasks tomorrow. I pick which one. Meet the Alpacto app alpacto.com	DARE · KIND 42 Choose a small promise for this week, say it out loud, and shake on it. Meet the Alpacto app alpacto.com
DARE · KIND 43 Pick five songs for a playlist called “Us on a Saturday” and play the first one. Meet the Alpacto app alpacto.com	DARE · KIND 44 Text a friend we both like and start planning a dinner together. Meet the Alpacto app alpacto.com	DARE · KIND 45 Tell the story of how we met as if it were a fairy tale. Meet the Alpacto app alpacto.com
DARE · KIND 46 Make me laugh within 60 seconds without tickling me. Meet the Alpacto app alpacto.com	DARE · KIND 47 Hug me for a full 20 seconds. Count them out loud. Meet the Alpacto app alpacto.com	DARE · KIND 48 Choose a reward for the next dare I complete and write it down. Meet the Alpacto app alpacto.com